



## ActivU Call for Participants

ActivU is a transnational cooperation effort including universities, national federations, NGOs, Olympic and Paralympic committees, and sport organizations. The consortium mixes the expertise of universities in formal and non-formal learning and in the use of e-learning methodologies with the specific understanding of the realities and needs of sport and health lifestyles concerned organizations.

### **Objective**

The purpose of this call is to select the participants for the ActivU online training programme, to be carried out from April to September 2021.

The group of selected participants will be able to study and be part of the program, as well as to receive a certificate for completion of the program.

### **Online Program Description**

The implementation of the course will be implemented from April 2021 till September 2021 (M16 to M21 of Activ-U project planning). The study program is structured in 6 modules, each of them extends around 15 days.

From April until July 2021, the different modules will be implemented in the virtual classroom, with active supervision by the tutors. August works as a holiday period for students and teachers. In September 2021 it will be a second call for students who had not yet pass the activities on the first announcement.

### **Evaluation**

The evaluation process is distributed on different modules. Each module includes specific activities to develop the evaluation of the participants. the participants



must achieve a minimum calcification of 75 out 100 to obtain the course certificate. The activities will include questionnaires about the contents or solving specific activities as case studies or practices.

The participants which have not to achieve the minimum score at the ordinary call (activities of each module from April to July) will have a second opportunity in September on an extraordinary call to improve their performance on the pending activities.

## Courses

Module 1. Lifestyle among the life cycle and its implications on health.

Module 2. Promotion of a healthy and active lifestyle

Module 3. Guidance procedure among active lifestyle promotion practices: physical health.

Module 4. Guidance procedure among active lifestyle promotion practices: other health-related behaviours.

Module 5. Other relevant aspects of traineeship programs.

Module 6. E-Training on digital or hybrid programs

## Eligibility Criteria

Candidates must meet the eligibility criteria:

- Adult participants living in one of the project countries (Portugal, Spain, Italy, Netherlands, Croatia, France...)
- Graduates in one of the following areas: Medicine, Nursery, Physiotherapy, Social Sciences, Psychology and Sports Sciences.
- English proficiency.
- Digital skills, computer and internet access.



## Application Procedure

The candidates must fill this [Online Application Form](#) from August 1st until September 30th 2020, 23.59 CET.

## Selection Procedure

A score table will be created for the selection of candidates (Annexe 1).

- The expert committee will evaluate the application and score each of the categories or items according to the annexe.
- In case of a tie between candidates, the award criteria for the final selection is 50% on the application and 50% on the interview.
  
- The results will be published on 10th of September by each partner in its official social networks profiles, as well as in the consortium's.

## Notes

Those candidates working with senior groups or individuals, will have a special score due to their access to the group to be able to implement studies and pilot practices.

## Annexes (1)



## Annex 1. Selection Score System

Item	Score
<b>English level certificated</b>	<b>(max 10)</b>
B1-B2	5
C1-C2	10
<b>Experience</b>	<b>(max 30)</b>
1-3 years of experience as a health professional	10
3-5 years of experience as a health professional	20
+5 years of experience as a health professional	30
<b>Actual work or activities</b>	<b>(max 30)</b>
Description of his/her group of work (+5 seniors)	10
Description of his/her group of work (+10 seniors)	20
Description of his/her group of work (+25 seniors)	30
<b>Interest of the candidate</b>	<b>(max 30)</b>
Letter of Interest	0-30
<b>Total</b>	<b>100 points</b>